

Your story can help other people living with dementia, families and friends

We are looking for people to share their experiences of living with young onset dementia or supporting someone with young onset dementia.

LEND is an inclusive research programme at the University of Nottingham. LEND stands for Lived Experience Narratives in Dementia. We believe that sharing personal stories can help and support other people living with dementia and their families.

We are designing the Online LEND Intervention. This will use people's stories to help other people living with dementia. We want to hear from people from all backgrounds, particularly those whose voices are too often missing from dementia research and healthcare. We welcome stories from people living with young onset dementia, as well as partners, family members, friends and others whose relationships have been affected.

Your story can be shared in a way that works for you. You can write it down, record it as audio, or share it in another format. Your story will need to be provided to us as an electronic file.

If you have already published your story with Dementia UK, then we can use it in LEND if you give us permission.

You might want to talk about:

- diagnosis and support
- family, culture and community
- what has helped
- what has been difficult
- what you want others to understand

There is no right or wrong story. We want to hear what matters to you, in your own words and in your own way.

Contact us:

You are welcome to contact us for an informal conversation at any time.

If you are interested in sharing your story with the LEND programme, please contact abigail.moon@research.uwl.ac.uk and Esther.Loseto-Gerritzen1@nottingham.ac.uk by email or call us on 07587 990533.