

FREE ENTRY - ALL WELCOME - NO BOOKING REQUIRED

Young Onset Dementia Awareness Day



Raising awareness, sharing information
and making connections.






WHEN

Thursday 7th May 2026
10:00am - 4:00pm

WHERE

Central Library, William Brown St
Liverpool L3 8EW

Young onset dementia affects people under the age of 65 and can often go unrecognised. Join us for a drop-in day of talks, resources and advice to help improve understanding and signpost support and opportunities.

-  **Expert Speakers** — hear from specialists in young onset dementia care
-  **Information Stands** — local and national support organisations
-  **Lived Experience** — stories from those living with young onset dementia
-  **Q&A Sessions** — ask questions and get practical advice from professionals
-  **Legal Advice** — on dementia matters from local solicitors

Who Should Attend?

Anyone with a diagnosis Family members & carers Healthcare professionals
Social care workers Friends & supporters Anyone wanting to learn more

No need to register but if you'd like to join in a **Dementia Friends** session to be run by **Alzheimer's Society**, go to <https://YoungOnsetDementiaLiverpool.eventbrite.co.uk>



Any queries, email contact@dementialiverpool.com. For more details go to www.yodevent.org

Young Onset Dementia Awareness Day

PROGRAMME

Marketplace Stalls — 4th Floor

Offering advice and information on all aspects of Young Onset Dementia.

The 4th floor is accessible by lift and by escalator/stairs.

Dementia Friends Sessions — Ground Floor, Hornby Library

Take part in a Dementia Friends session delivered by Alzheimer's Society, covering what dementia is, living with the condition, and how everyone can help people with dementia to live well.

Book in advance online at YoungOnsetDementiaLiverpool.eventbrite.co.uk

- Sessions last approximately 40 minutes
 - Times: 11.00am and 2.00pm
 - Places are limited — reserve yours in advance or enquire at Reception on arrival
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Featured Talks — Room 1, 4th Floor

Time	Talk	Speaker
10.30	An Introduction to Young Onset Dementia — how the experience differs from later onset	<i>Ruth Eley, tide (Together In Dementia Everyday)</i>
10.45	Mersey Care Services — including diagnosis and support	<i>Cherynn Harper, Dementia Care Navigator Services</i>
12.45	Driving and Dementia — what you need to know	<i>Martin Vivers, Drive Ability North West</i>
1.30	Living with Young Onset Dementia — speaking from personal experience	<i>Fran Murt, in conversation with Ruth Eley</i>
2.30	Legal Matters — including wills and Lasting Power of Attorney	<i>Anne Forrester, Dutton Gregory Solicitors</i>

Additional Opportunities

Free private legal consultations — 4th Floor (reserve a slot at Reception):

- Dutton Gregory Solicitors: 10.00am – 1.00pm
- Maxwell Hodge Solicitors: 1.00pm – 4.00pm

Love To Move gentle exercise demonstrations — Ground Floor Atrium:

- Delivered by Nicole Hughes, British Gymnastic Foundation
 - Times: 10.30am and 1.00pm
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