



Northamptonshire Healthcare NHS Foundation Trust

YOUNGER PEOPLE WITH DEMENTIA SERVICE

SERVICE MODEL 2023

WHO ARE THE YPD TEAM



The team consists
of -3 nurses
1 support worker
1 occupational
therapist
1 neuropsychologist
1 assistant
psychologist



We are a county
wide service for
Northamptonshire



We provide a memory
assessment service for people
under the age of 65 and
provide on-going support for
those who have a diagnosis of
dementia and have a high
level of need, display
significant risk, or require
medication monitoring.



Figure 8: Interactive population pyramid, mid-2001 to mid-2020

Choose an area

North Northamptonshire

350,448 people in 2020

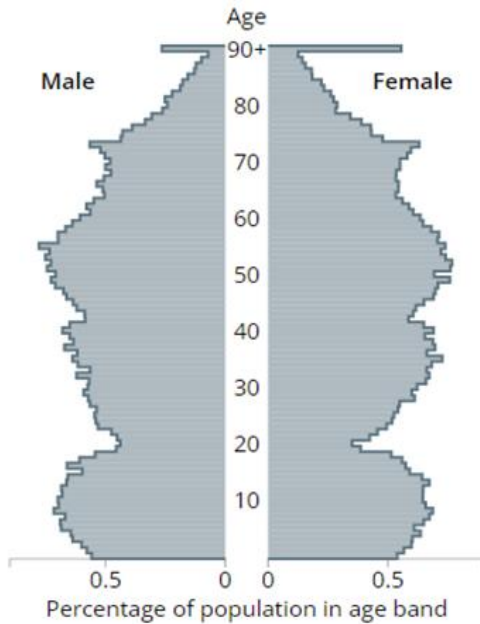
All ages

172,725 males

49.3%

177,723 females

50.7%



Choose an area

West Northamptonshire

406,733 people in 2020

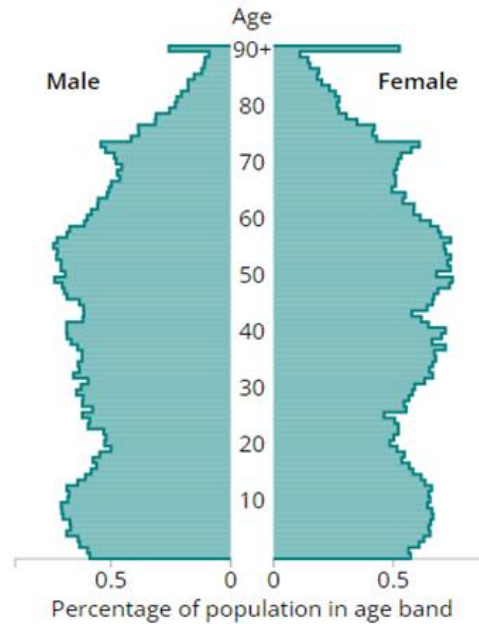
All ages

202,004 males

49.7%

204,729 females

50.3%



Back a year

Play

Forward a year

2001 2007 2013 2019

• NORTH NORTHANTS = 350,448
= TOTAL 757,181

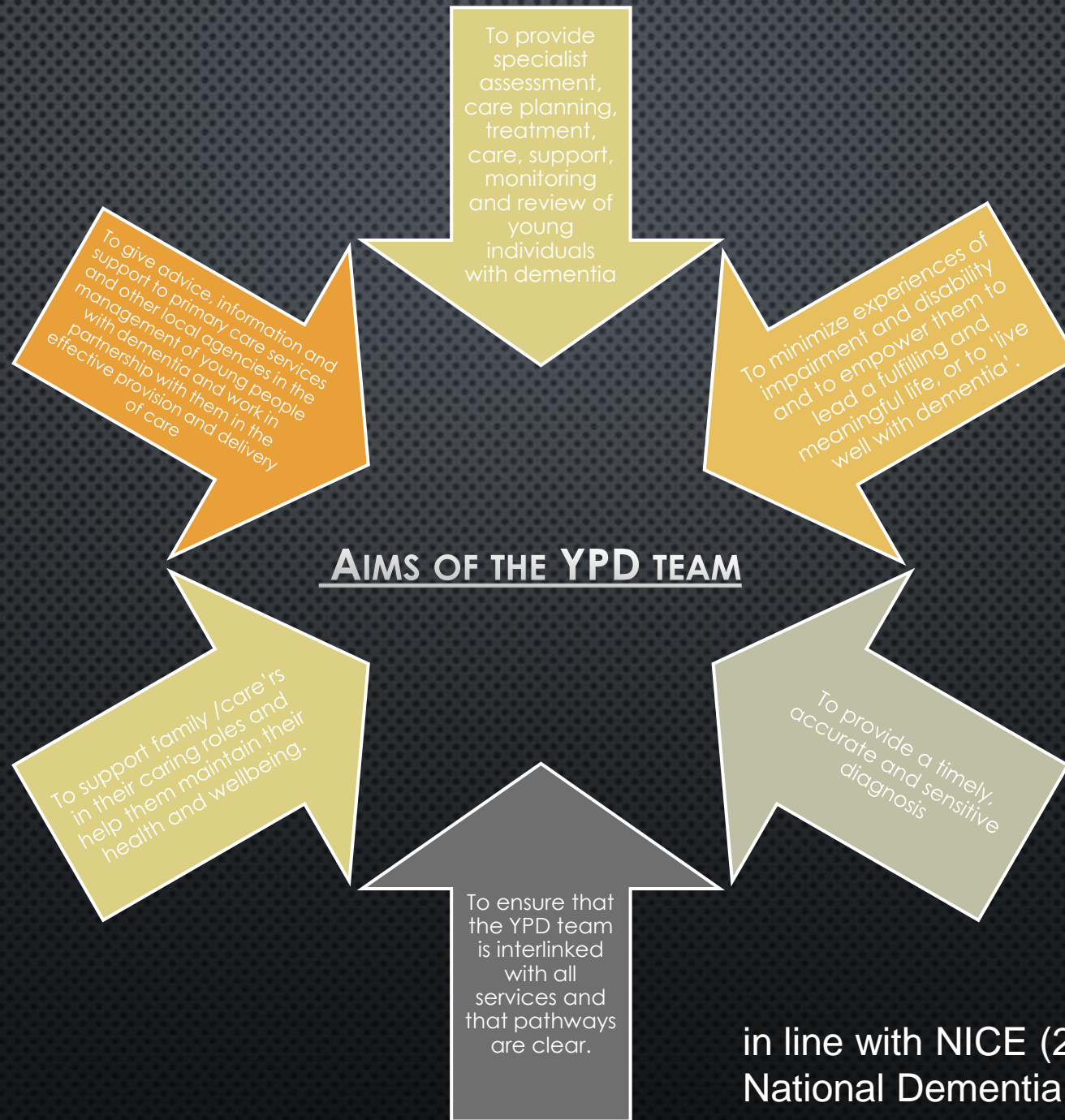
• WEST NORTHANTS = 406,773

(DATA FROM CENSUS 2021)



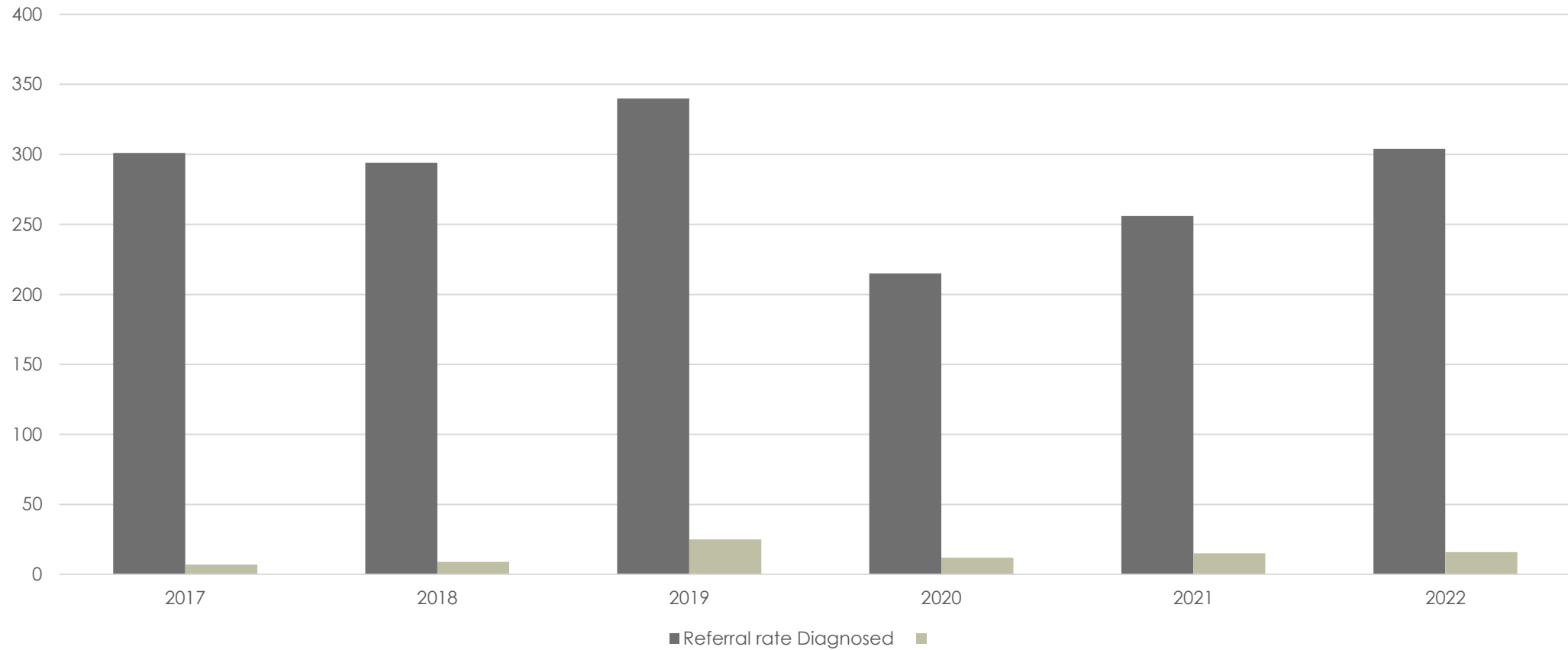
IT IS ESTIMATED THAT 7.5% OR 70,800 OF THE ESTIMATED 944,000 PEOPLE LIVING WITH DEMENTIA IN THE UK ARE LIVING WITH YOUNG ONSET DEMENTIA (DEMENTIA UK 2022).

IT IS WIDELY ACCEPTED HOWEVER THAT DEMENTIA IN YOUNG PEOPLE MAY BE HIGHER THAN THIS FIGURE DUE TO DIFFERENCES IN THE WAY THAT DATA ON OLDER AND YOUNG PEOPLE IS COLLECTED.

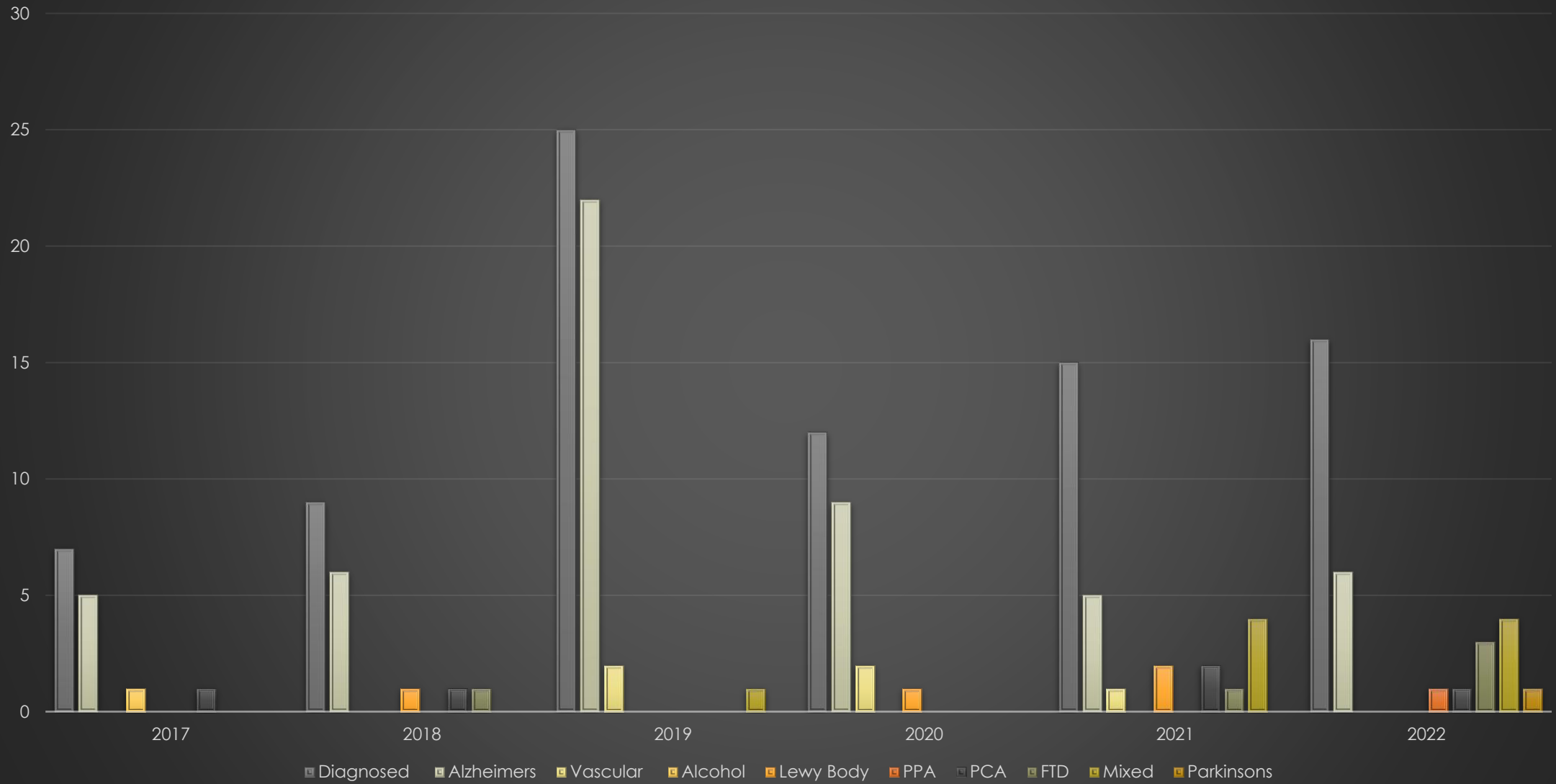


in line with NICE (2011) guidelines and the National Dementia Strategy (DOH, 2009.)

Yearly Referral & diagnosis Rate



Diagnosis Sub Types



HOW TO ACCESS YOUNGER PERSONS DEMENTIA TEAM

People under the age of 65 with a Northamptonshire GP

Individuals seen by GP & reversible causes have been explored first

People who have unexplained memory problems/suspected dementia which requires further investigation

We take referrals from GPs, hospitals, Neurologists, Specialist services (e.g., MS/ Parkinson's/ Huntington's) & self referrals if people have already been seen by the team

ASSESSMENT PROCESS

Presenting
problems and
onset of
symptoms

Social &
personal history

Family medical
history

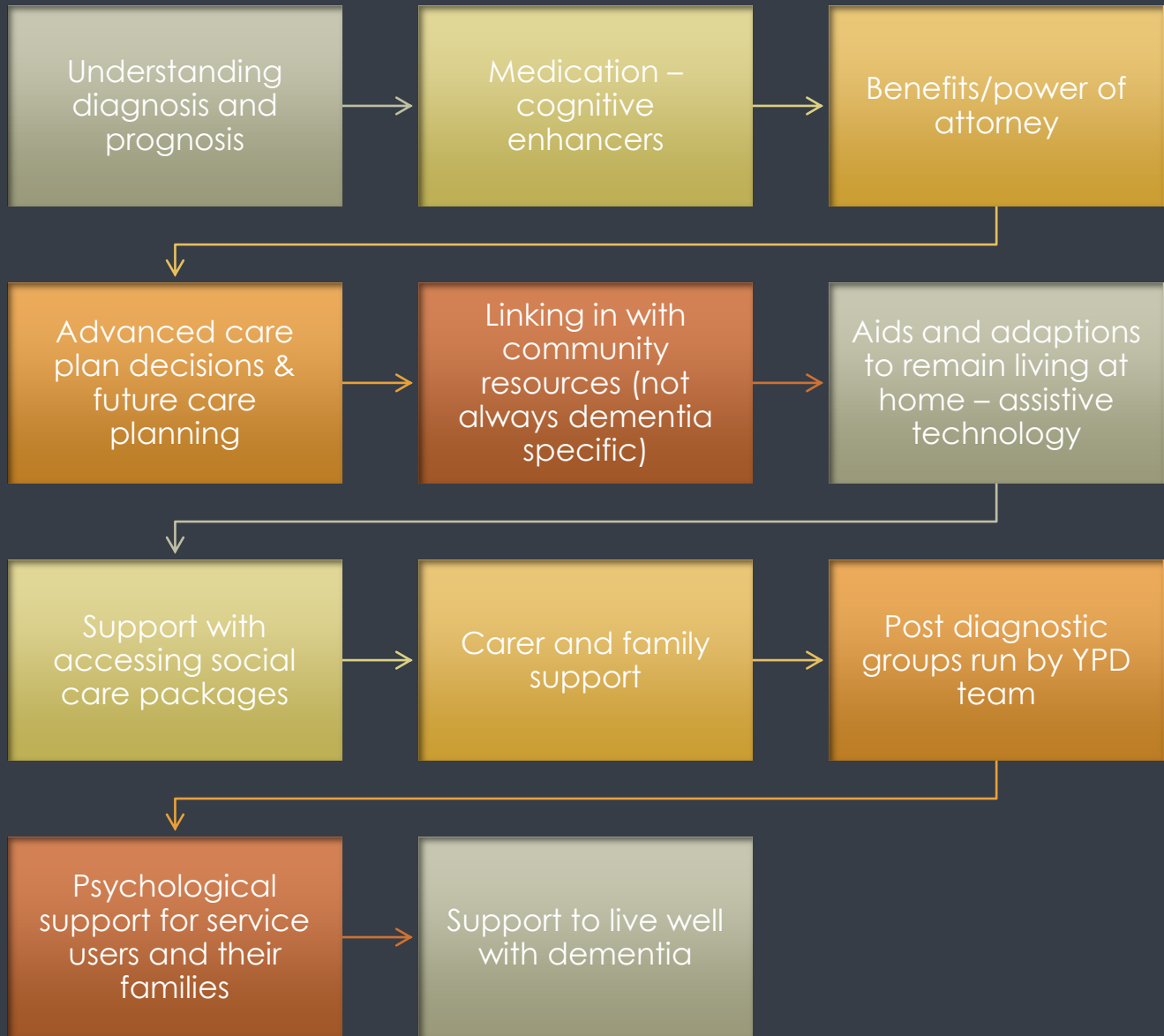
Activities of
daily living &
levels of
functioning

Mental state
exam

Drug/alcohol
history

Medical &
psychiatric
history

Cognitive
exam



POST- DIAGNOSTIC SUPPORT

Next Steps Workshop

YPD GROUPS

Peer and Family Events

- Occurs every 3 months
 - 1-2 hour session
- 6-8 people in each group on average
- A space to connect with other people (under 65 years) living with early onset dementia and carers/relatives/friends
- Opportunity for social interaction, change of environment, light activity
- Previous events include outdoor walks and café at Stanwick Lakes, Christmas Party and dancing, picnic, rounders, Waendel Walk

Peer Support Group

- A monthly online or face to face group
 - 1 hour session
 - 6-8 people in each group on average
- A space to connect with other people (under 65 years) living with early onset dementia
- Although YPD helps facilitate the space, it is largely peer-led
- Occurs on the last Friday of each month 10am-11am

Family Support Group

- a monthly online or face to face group (First Tuesday of month)
 - 1 hour 30 min sessions
 - 6-8 people in each group on average
- a space to connect with carers/relatives/friends who are supporting a loved one living with early onset dementia
- Opportunity for people to connect with other carers/relatives/friends and share experiences. Talks and information on specific topics can also be arranged.
- Although YPD helps facilitate the space, it is largely peer-led

Service User Involvement Group

(CONSISTING OF PEOPLE WITH DIAGNOSIS AND FAMILY MEMBERS)



To gain involvement and feedback regarding new documentation, services and planning /evaluating face to face events.



Meets quarterly face to face



Uses a Padlet online discussion forum for ongoing communication and information sharing.



WHAT WE ARE WORKING ON/ EXPANDING IN TERMS OF SERVICE DEVELOPMENT





ANY QUESTIONS?