YOUNGER PEOPLE WITH DEMENTIA
SERVICE

SERVICE MODEL 2023
The team consists of 3 nurses, 1 support worker, 1 occupational therapist, 1 neuropsychologist, 1 assistant psychologist.

We are a county wide service for Northamptonshire.

We provide a memory assessment service for people under the age of 65 and provide on-going support for those who have a diagnosis of dementia and have a high level of need, display significant risk, or require medication monitoring.
• **North Northants** = 350,448
  
  = **Total 757,181**

• **West Northants** = 406,773

(Data from Census 2021)
It is estimated that 7.5% or 70,800 of the estimated 944,000 people living with dementia in the UK are living with young onset dementia (Dementia UK 2022).

It is widely accepted however that dementia in young people may be higher than this figure due to differences in the way that data on older and young people is collected.
To provide specialist assessment, care planning, treatment, care, support, monitoring and review of young individuals with dementia.

To provide timely, accurate and sensitive diagnosis.

To ensure that the YPD team is interlinked with all services and that pathways are clear.

To minimize experiences of impairment and disability and to empower them to lead a fulfilling and meaningful life, or to live well with dementia.

To support family/carers and to help them maintain their health and wellbeing.

To give advice, information and support to primary care services and other local agencies/services with dementia of young people and to work with them in the effective provision and delivery of care.

To ensure that the YPD team is interlinked with all services and that pathways are clear.

To ensure that the YPD team is interlinked with all services and that pathways are clear.

AIMS OF THE YPD TEAM

in line with NICE (2011) guidelines and the National Dementia Strategy (DOH, 2009.)
We take referrals from GPs, hospitals, Neurologists, Specialist services (e.g., MS/ Parkinson’s/Huntingdon’s) & self referrals if people have already been seen by the team.
### Assessment Process

<table>
<thead>
<tr>
<th>Presenting problems and onset of symptoms</th>
<th>Social &amp; personal history</th>
<th>Family medical history</th>
<th>Activities of daily living &amp; levels of functioning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental state exam</td>
<td>Drug/alcohol history</td>
<td>Medical &amp; psychiatric history</td>
<td>Cognitive exam</td>
</tr>
</tbody>
</table>
Understanding diagnosis and prognosis

Medication – cognitive enhancers

Benefits/power of attorney

Advanced care plan decisions & future care planning

Linking in with community resources (not always dementia specific)

Aids and adaptations to remain living at home – assistive technology

Support with accessing social care packages

Carer and family support

Post diagnostic groups run by YPD team

Psychological support for service users and their families

Support to live well with dementia

POST-DIAGNOSTIC SUPPORT
Next Steps Workshop
### YPD Groups

#### Peer and Family Events
- Occurs every 3 months
- 1-2 hour session
- 6-8 people in each group on average
- A space to connect with other people (under 65 years) living with early onset dementia and carers/relatives/friends
- Opportunity for social interaction, change of environment, light activity
- Previous events include outdoor walks and café at Stanwick Lakes, Christmas Party and dancing, picnic, rounders, Waendel Walk

#### Peer Support Group
- A monthly online or face to face group
- 1 hour session
- 6-8 people in each group on average
- A space to connect with other people (under 65 years) living with early onset dementia
- Opportunity for social interaction, change of environment, light activity
- Previous events include outdoor walks and café at Stanwick Lakes, Christmas Party and dancing, picnic, rounders, Waendel Walk

#### Family Support Group
- A monthly online or face to face group (First Tuesday of month)
- 1 hour 30 min sessions
- 6-8 people in each group on average
- A space to connect with carers/relatives/friends who are supporting a loved one living with early onset dementia
- Opportunity for people to connect with other carers/relatives/friends and share experiences. Talks and information on specific topics can also be arranged.
- Although YPD helps facilitate the space, it is largely peer-led
Service User Involvement Group

(CONSISTING OF PEOPLE WITH DIAGNOSIS AND FAMILY MEMBERS)

To gain involvement and feedback regarding new documentation, services and planning/evaluating face to face events.

Meets quarterly face to face

Uses a Padlet online discussion forum for ongoing communication and information sharing.
WHAT WE ARE WORKING ON/ EXPANDING IN TERMS OF SERVICE DEVELOPMENT

- A YPD choir
- Police training development
- Young onset Dementia training to other professionals/teams
- Teaching at local university on dementia module

- Research
- Positive approach to care dementia training
- Peer sustained community groups
ANY QUESTIONS?