



Stronger together

When life is difficult, and who can remember times as challenging as now, we seek positive notes where we can.

For some comfort then I would suggest that you have a read of this issue and check out how Young Dementia Network members are working hard to ensure that young onset dementia is better understood and better supported.

Drawing together this young onset dementia expertise, experience and effort enables us to create a more hopeful future.

Tessa Gutteridge

Chair, Young Dementia Network

Young onset dementia webinar - why numbers matter

On Wednesday 19th October 2022, we will be starting a new series of young onset dementia webinars which will provide an opportunity to share knowledge and experience.

Our first webinar - why numbers matter and change is possible - will be presented by Dr Janet Carter and Michael Jackson. They will discuss the importance of using data to better communicate the need for improved services for younger people living with dementia.

Taking place at 12.30pm-1.45pm, the webinar will offer a view on why numbers matter from a person living with young onset dementia, how commissioners could use the data and what needs to happen next if we are to make the most of the data to create change.

You can find out more and sign up for the webinar [here](#).

You can catch up with recordings of our tea-themed webinar series from October 2020-June 2022 on our website [here](#).

Young onset dementia and dementia related news

Advancing clinical practice in young onset dementia through scientific research: lessons learned in the Netherlands

On Monday 12th September at 12.30-2.30pm, the University of Northampton will host a Dementia Digest event where Dr Christian Bakker, Healthcare Psychologist and Leader of the Young Onset Dementia Research Program at the Radboud University Medical Center, and Prof Raymond Koopmans, Professor of Primary Care at Radboud University, will speak about young onset dementia. They will discuss several research projects and how the results have supported the development of care and support in young onset dementia in the Netherlands. Register at: bit.ly/Dementia-Digest

Alzheimer's Society - Young Dementia Thematic Group

The Young Dementia Thematic Group is a national group for anyone aged 65 and under with a diagnosis of dementia. Held monthly via Zoom, the purpose of the group is to create a platform where younger people with dementia can share their views and experiences. For more information click [here](#), or email Emily Alderton referrals_nelincs@alzheimers.org.uk

Alzheimer's Society of Northern Ireland - young onset dementia virtual carers support group

If you live in the Northern Trust area, this online group for family members and friends of people living with young onset dementia may be of interest. Contact Aoife McMaster aoife.mcmaster@alzheimers.org.uk or click [here](#) for more information.

Dementia UK Summer School - recording of young onset dementia session

You can watch a recording of the young onset dementia presentation that was given at the Dementia UK Summer School in July 2022 by Consultant Admiral Nurse, Fiona Chaabane [here](#). Fiona specialises in young onset dementia and Huntington's disease and in her presentation discusses different types of young onset dementia, the impact dementia has on a younger person and how to support them.

Dementia Diaries launch new website

The Dementia Diaries project gives a voice to people with dementia - many of their diarists are living with young onset dementia. Visit the new Dementia Voices website to hear their experiences and find out how you can become a diarist, click [here](#).

tide - bespoke carer-led, co-produced training programmes

tide has launched two new training programmes; one focuses on people living with dementia experiencing distressed behaviour [find out more](#), the other on using life story work to help provide relationship based and person centred care and support, [find out more](#).

3NDWG - working age dementia webinar



The 3 Nations Dementia Working Group, a group of people with a diagnosis of dementia, are hosting a webinar focusing on the impact of a dementia diagnosis whilst still of working age.

Taking place on Wednesday 21st September 2022 at 11am, their webinars are designed and hosted by people living with dementia. Everyone is welcome to attend.

[Sign up](#)

NHS Futures - young onset dementia

NHS Futures is a collaboration platform for people working in health and social care. Its National Dementia Programme workspace has nearly 600 members and is a place where colleagues in the dementia sector can collaborate, discuss, share learning and best practice.

A young onset dementia area has recently been added, initially to access resources relating to young onset dementia support. We have started adding Young Dementia Network resources and there is a link to our website. Do consider joining the NHS Futures platform. It has the potential to be a great way to provide better services to people with young onset dementia nationally. You can register [here](#).

Young onset dementia research round-up

Involvement opportunities

The experiences of caring for a partner with young onset dementia

Angela Goldsmith, a trainee counselling psychologist working within the NHS and studying at the University of the West of England, is conducting research to explore the personal experiences of individuals who are caring for a partner living with young onset dementia. If you are currently living with, and caring for, a partner with young onset dementia, Angela would be interested to talk about your experiences. To find out more about her research, click [here](#) or email: angela2.goldsmith@live.uwe.ac.uk

Creative dementia research project for people living with young onset dementia and their carers in the Derby area

Are you a person living with young onset dementia (aged under 65) or a family member or caregiver for someone with young onset dementia? You are invited to take part in 10 weekly creative arts workshops and be part of a research project run by researchers from the Universities of Derby and Northampton. Sessions will be run at the Derby Theatre, Derby starting on Wednesday 5th October 2022. Each workshop will be up to two hours, with coffee and time to chat. For further information click [here](#) or contact Clive Holmwood, Associate Professor cdrq@derby.ac.uk

Can technology help us to feel less lonely?

Dr Merryn Anderson from Exeter University is looking for people aged over 18 with a diagnosis of dementia to take part in a study which aims to find out if people with dementia who use technology to connect with others feel less lonely. It also asks if the Covid-19 pandemic has changed your use of technology to connect with other people. The anonymous online survey takes about 20 minutes to complete. [Take part here >](#)

Do you identify as a LGBT+ person who lives with dementia?

Researchers at Lancaster University are conducting a research study to understand the experiences of LGBT+ people living with dementia and what is important to them now and in the future. Click [here](#) to find out more or email Claude Chidiac c,chidiac@lancaster.ac.uk

Free online artistic sessions research study

[Unforgettable Experiences](#) is working with the University of Sheffield's Healthy Lifespan Institute to understand how their service helps improve the way the brain

functions. They are offering 12 free online artistic sessions to anyone who is eligible aged 50+ with a mental health concern, dementia (mild to moderate), mild cognitive impairment or a neurological condition. Each session is one hour long and takes place twice a week online for a total of 12 sessions. For more information contact referrals@unforgettableexperiences.org.uk or tel 01325 238041, quoting 'Innovate Research'.

Recently published research

Analysis of family stigma and socioeconomic factors impact among caregivers of patients with early and late-onset Alzheimer's disease and frontotemporal dementia

Lina Velilla, Natalia Acosta-Baena, Isabel Allen, Francisco Lopera and Joel Kramer

[Read the full research article here >](#)

For current dementia research opportunities, click [here](#), or visit the [Join dementia research](#) website.

To view a collection of research relating to young onset dementia, click [here](#).

The Nature of Forgetting - theatre tour



Theatre Re is one of the UK's leading visual theatre companies. They will be performing a free open rehearsal of The Nature of Forgetting which portrays Tom, a 55-year old father dealing with young onset dementia, at The Point, Creation Space, Eastleigh on Friday 23rd September 2022 at 1.30pm.

To come to the free open rehearsal please contact Theatre Re at: theatre.re.participation@gmail.com

They will then take the play on tour to London, Manchester, Liverpool and Newcastle from January 2023. Venue details and booking links will be announced shortly on Theatre Re's website.

[Visit Theatre Re's website](#)

Dementia UK - finance and young onset dementia leaflet



When a person is diagnosed with young onset dementia, they may be working and have significant financial obligations such as a mortgage, credit card bills and loans. They may also have financially dependent children and worry about how they will cope with financial and legal issues.

Network host Dementia UK has created a new leaflet which shares information specific to people with young onset dementia and their family members around employment, pensions and early retirement, benefits and tips for day-to-day financial management as well as the legal matters that should be considered.

[**Find out more**](#)

If you know of any helpful young onset dementia resources, please share them with us.

[**Email us**](#)



Contact us

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The Young Dementia Network is hosted by Dementia UK.

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